



COVID Safety Plan

Easts Mt Gravatt Junior Rugby League Football Club

June 2020

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Disclaimer

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2. Introduction

The purpose of this COVID Safety Plan is to provide an overarching plan for the implementation and management of procedures by Easts Mt Gravatt Junior Rugby League Football Club (JRLFC) and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The plan provides a framework to govern the general operation of the club, its facilities, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at club facilities.

This plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the plan is subject to all regulations, guidelines and directions of government and public health authorities. All Queenslanders are advised to follow the latest advice from the Australian Government Department of Health - www.health.gov.au - and Queensland Health - www.health.qld.gov.au.

Easts Mt Gravatt JRLFC recommends that all members download the Australian Government's *COVIDSafe* App to their smartphones and keep the app running at all times.

3. Key principles

This plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (AIS Framework) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (National Principles).

This staged approach is in line with directions from the Queensland Government's Chief Health Officer, specifically [Queensland's Roadmap to easing restrictions](#) and also the [Return to Play Guide for the Queensland Sport, Recreation and Fitness Industries](#).

The plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on the club's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training and other activities cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process the club must consider and apply all applicable State Government and local restrictions and regulations. The club needs to be prepared for any localised outbreak at its facilities, within its activities or in the local community.

4. Responsibilities under this plan

East Mt Gravatt JRLFC retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this plan.

The club's management committee is responsible for:

- Approving the plan and overseeing the implementation of the arrangements in the plan; and
- Revising the plan as required, ensuring it reflects up to date information from government and public health officials.

The management committee has appointed the following person as the club's COVID-19 Safety Coordinator to ensure successful delivery of the plan and to act as a point of contact for information relating to this plan:

Name	Daniel Suter
Position	President
Email	emgpres@gmail.com
Mobile	0452 223 844

East Mt Gravatt JRLFC expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by the club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

5. Return to sport arrangements

As at the date of this plan, the club is planning to return to organised training and clubhouse operations during Stage 2. The plan outlines specific compliance requirements that Easts Mt Gravatt JRLFC will implement for Stage 2 and Stage 3 of the Queensland Roadmap to easing restrictions.

The club will transition to the training activity and facility use as outlined in Stage 2 of the Queensland Roadmap and the training/competition activities and facility use outlined in Stage 3 of the Queensland Roadmap when permitted under state restrictions and regulations.

Club compliance obligations may change as more information and guidance is provided by the state and federal governments. This could include the easing of restrictions or the addition of new restrictions. Easts Mt Gravatt JRLFC therefore needs to monitor the most up-to-date information available regularly and adjust its COVID Safety Plan accordingly.

5.1 Part 1 – Sport Operations

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
APPROVALS		
Approvals	<ul style="list-style-type: none"> This plan has been prepared in accordance with the state government approved <i>COVID Safety Plan for Field Sports</i> A copy of this plan has been provided to Brisbane City Council QRL and BJRL and club management committee have approved resumption of training Insurance arrangements confirmed to cover training 	<ul style="list-style-type: none"> The club will obtain any relevant approvals from the following to allow a return to competition in Stage 3: <ul style="list-style-type: none"> Brisbane City Council QRL BRJL Insurance arrangements confirmed to cover competition
TRAINING AND COMPETITION		
Training and competition processes	<ul style="list-style-type: none"> Coaches to act as COVID Safety Officer for each training session. Coach to be in charge of completing any cleaning requirements upon completion of training session 	<ul style="list-style-type: none"> Full competition and training to commence Includes contact, wrestling, tackling as required

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
	<ul style="list-style-type: none"> • Coaches and other relevant team personnel to complete COVIDSafe training, e.g. through TAFE Queensland • Entry will be refused to any person who is known in the last 14 days to have (or had) cold or flu like symptoms, contact with a known/suspected case, or be at high risk • Player groups of no more than 20 people including coach and support staff, no more than 100 people total in attendance at venue • Non-contact training only permitted, which may include: <ul style="list-style-type: none"> • Fitness activities • Ball handling, passing, kicking, catching drills • Lines and structure play • Receiving and distribution skills • Tackling of hit pads only (no player on player tackling) • No contested drills, tackling, wrestling, grappling or scrums • It is recommended that at least 1 session per week of group training occur under these restrictions • Personal hygiene will be encouraged (e.g. wash hands prior to training, no spitting or clearing of nasal passage) • Strict protocol for cleaning of equipment after use • Parents and carers required to keep a reasonable distance or will be included in the maximum group size of 20 • Parents/caregivers encouraged to return to their car 	<ul style="list-style-type: none"> • No more than 100 people in attendance (inclusive of participants and staff) • For participants U/13 and above, a minimum of 2 weeks of contact training must be completed before regular full contact games/competition • Other requirements continue as per Stage 2
Training schedule	<ul style="list-style-type: none"> • Training roster developed noting each age group's training day, time and field allocation • Training start times will be staggered to minimise risk of congregation, with a gap of no less than 15 minutes in between scheduled training sessions to avoid congregation • Training sessions will be no longer than 60 minutes 	<ul style="list-style-type: none"> • Requirements continue as per Stage 2

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
Record of attendance	<ul style="list-style-type: none"> Maintenance of a record of people in attendance – participants, volunteers, workers, parents, carers and visitors Record to be kept for a minimum of 56 days 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
SOCIAL DISTANCING MEASURES		
Social distancing	<ul style="list-style-type: none"> Training drills to be designed with social distancing measures in place When practical, maintain a minimum distance of 1.5m between participants (e.g. between training drills/efforts) Base density requirement of 4 square metres per person to be maintained where practical No unnecessary body contact (e.g. hand shaking, high fives) No standing around close to other participants during or in between drills (e.g. when waiting in line/at a cone) 	<ul style="list-style-type: none"> Minimise unnecessary huddles of spectators. Spectators should be encouraged or directed to spread out and maintain social distance Duty officials/field marshal must be monitoring social distancing and venue bottle neck areas with the club official and also monitoring total attendance numbers at the club Off-field base density requirement of 4 square metres per person to be maintained where practical
COMMUNICATION		
Coaches, managers, team staff	<ul style="list-style-type: none"> Written advice sent out to coaches, managers and team staff on club compliance obligations including: <ul style="list-style-type: none"> Education on social distancing and hygiene reminders Staggered, modified training schedule Changes to training conditions/restrictions Attendance record of players kept for 56 days Promote download of <i>COVIDSafe</i> App Infection control training 	<ul style="list-style-type: none"> Create a run sheet for games, which includes extra time between games for participants to enter and exit the venue. This will be posted on the club’s website and shared on social media Other requirements continue as per Stage 2
Parents and guardians	<ul style="list-style-type: none"> COVID Safety Posters prominently displayed around grounds and facilities and at entry points, including handwashing and personal infection control advice 	<ul style="list-style-type: none"> Distribute the run sheet for games, which includes extra time between games for participants to enter and exit the venue. This will be posted on the club’s website and shared on social media

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
	<ul style="list-style-type: none"> • Written advice sent out to parents/guardians on club compliance obligations including: <ul style="list-style-type: none"> • Education on social distancing and hygiene reminders • Staggered, modified training schedule • Drop off/pick up only requirements • Changes to training conditions/restrictions (non-contact, player meeting and assessment area, group size, training locations, no access areas, participant belongings) • Player equipment required to attend training (water bottle, towel, hand sanitiser, own ball) – labelled with full name • Promote download of <i>COVIDSafe</i> App • Requirement to update Emergency Contact Information as detailed in Section 1.5 of QRL Return to Play Handbook • Maintaining good personal hygiene • Staying home if unwell 	<ul style="list-style-type: none"> • Other requirements continue as per Stage 2
Governing bodies	<ul style="list-style-type: none"> • Ongoing regular consultation with QRL and BJRL to obtain updates and directives 	<ul style="list-style-type: none"> • Requirements continue as per Stage 2
PARTICIPANT BELONGINGS		
Clothing, bags and other equipment	<ul style="list-style-type: none"> • Participants to arrive at training dressed and ready to participate • Participants to bring their own water bottle clearly labelled with their full name. These are not to be shared • Participants to bring their own towel/s clearly labelled with their full name. These are not to be shared • Participants to limit their personal belongings and only bring one bag • Bags must be clearly labelled with full name and placed 1.5m apart in a designated area allowing only small groups to retrieve belongings at one time 	<ul style="list-style-type: none"> • Requirements continue as per Stage 2

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
PARTICIPANT ARRIVAL AND ASSESSMENT		
Player arrival and assessment area	<ul style="list-style-type: none"> The club has established a designated player arrival and assessment area Players must meet their coach, manager or a club official at the designated player arrival and assessment area. Each participant must acknowledge that they do not have any cold or flu like symptoms, nor have they been in contact with anyone that has had these symptoms in the past 14 days If participant advises that they have <u>no symptoms</u> they proceed directly to the designated training area with their belongings. Junior participants require direction from the coach, manager or trainer If participant advises that they are <u>experiencing any cold or flu like symptoms</u> they are to proceed to the designated quarantine area and once social distancing space is established, they must leave the venue to be subsequently assessed by a medical professional. Medical clearance is required before participant can return to play 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
SPECTATORS AND PARENTS/GUARDIANS		
Spectators	<ul style="list-style-type: none"> No spectators at training during Stage 2 restrictions 	<ul style="list-style-type: none"> Government restrictions prohibit more than 100 people attending the club's venue at any given time. This is inclusive of participants and staff
Parents/guardians	<ul style="list-style-type: none"> Parents/guardians to drop off their child/children to a waiting club official who will escort them to the player arrival and assessment area Parents must be on time to pick up and drop off children if required 	<ul style="list-style-type: none"> Requirements continue as per Stage 2 For junior participants (U/18 and below), it is recommended that only one parent or guardian attends venues for training and games under the condition that they practice physical distancing

5.2 Part 2 – Facility Operations

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
DESIGNATED SPORTING AREAS		
Player arrival and assessment area	<ul style="list-style-type: none"> This area is situated at the front of the dressing sheds 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Quarantine area	<ul style="list-style-type: none"> This area is situated at the front of the mower roller door 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Bag area	<ul style="list-style-type: none"> This area is situated at the end of each training zone on the field 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Designated training areas	<ul style="list-style-type: none"> As per the club’s field diagram Each group of participants to enter on one side of the field and to exit on the other side of the field No co-mingling between groups in each zone 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
FOOD AND BEVERAGE		
COVID Safe food and beverage services	<ul style="list-style-type: none"> Complete, display and operate according to the Queensland Government <i>COVID Safe Checklist for dining in such as at Restaurants, Cafes, Pubs, Clubs, RSL Clubs and Hotels</i> Implement food and beverage bookings and ensure all patrons book prior to attending Maintenance of a record of people in attendance and keep on file for at least 56 days Relevant food and beverage personnel to complete COVIDSafe training, e.g. through TAFE Queensland Separate, designated areas behind the bar for each staff member Ensure suitable distancing between tables and chairs inside the clubhouse 	<ul style="list-style-type: none"> Requirements continue as per Stage 2

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
CAPACITY RESTRICTIONS		
Venue capacity	<ul style="list-style-type: none"> As per the club's field diagram, no more than 20 participants in each field zone, with a total of five zones No more than 20 patrons within the clubhouse in Stage 2 A maximum of 100 people at the club at any given time 	<ul style="list-style-type: none"> A maximum of 100 people at the club at any given time
HYGIENE AND CLEANING		
Hand washing and sanitising	<ul style="list-style-type: none"> Liquid hand wash solution and single use paper towel located in toilets, kitchen and bar areas Hand sanitiser placed around the club facilities and fields. Allocated stations for hand sanitiser include entry to clubhouse, canteen/bar counter, toilets & on the deck. Participants must wash or sanitise their hands prior to arriving at the venue Participants must wash or sanitise their hands; on entry to the grounds, upon exiting the grounds and following each training session 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Facility and equipment cleaning	<ul style="list-style-type: none"> Approved cleaning detergents and gloves purchased for regular cleaning Post training, all frequently touched surfaces and training equipment, including balls must be sanitised Post training, toilets must be cleaned and sanitised Post training, all rubbish bins emptied, removed and then sanitised/disinfected Refer to the <i>East Mt Gravatt JRLFC COVIDSafe Cleaning Policy</i> and <i>East Mt Gravatt JRLFC COVIDSafe Cleaning Log</i> Refer to the Queensland Health Cleaning and Disinfection Protocols at https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/industry-and-businesses/resources-and-fact-sheets-for-industry/covid-19-cleaning-and-disinfection-recommendations 	<ul style="list-style-type: none"> Requirements continue as per Stage 2, with the addition of post-game cleaning protocols

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
Contactless payments preferred	<ul style="list-style-type: none"> Contactless payment for the canteen/bar is the preferred method of payment. Promote this via social media and with signage on the counter 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
SIGNAGE AND FLOOR MARKINGS		
Signage	<ul style="list-style-type: none"> COVID Safety Posters prominently displayed around grounds and facilities and at entry points, including handwashing and personal infection control advice 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Floor markings	<ul style="list-style-type: none"> Physical distancing floor markings in the clubhouse for queues including waiting areas, toilets and entry/exit points 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Physical barriers	<ul style="list-style-type: none"> Use of physical barriers (where practical) in high volume interaction areas to promote social distancing Blocking off of no access areas including seating areas, drink taps and change rooms Mark railings or ground to encourage appropriate distancing 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Seating	<ul style="list-style-type: none"> Remove/cordon off seating or space seating at least 1.5 metres apart 	<ul style="list-style-type: none"> Requirements continue as per Stage 2 Encourage BYO seats to competitions
OTHER MEASURES FOR KEEPING PEOPLE SAFE		
Protocols for notifying health authorities	<ul style="list-style-type: none"> Management committee members are referring to the Australian and Queensland Government health websites weekly for current information, advice and guidance 	<ul style="list-style-type: none"> Requirements continue as per Stage 2

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
Keeping club safe, clean and healthy	<ul style="list-style-type: none"> Management committee members to read and implement Work Safe Queensland COVID-19 guidelines at https://www.worksafe.qld.gov.au/coronavirus/workplace-risk-management-b/recache 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Maximise distancing between volunteers/workers and participants	<ul style="list-style-type: none"> Maximise the distancing between volunteers/workers and participants to the extent it is safe and practical Review tasks and processes that usually require close interaction and identify ways to modify these to increase social distancing 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Safe sports medicine/first aid protocols	<ul style="list-style-type: none"> Establish sports medicine/first aid protocols that limit exposure where practical Any club personnel involved in the administration of first aid have completed relevant health and safety training 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Limiting non-essential face-to-face gatherings and meetings	<ul style="list-style-type: none"> Postpone or cancel non-essential face-to-face gatherings and meetings Use teleconferencing/online meeting capabilities where practical 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Consult with workers/volunteers	<ul style="list-style-type: none"> Consult with workers/volunteers on COVID-19 measures and provide adequate information and education, including changes to tasks and practices and appropriate cleaning and disinfection practices The club has provided information regarding changes to operations, social distancing requirements, personal hygiene practices and cleaning and disinfection practices to all workers and volunteers 	<ul style="list-style-type: none"> Requirements continue as per Stage 2

Compliance Area	Stage 2 Club Compliance Details (5 June – 9 July 2020)	Stage 3 Club Compliance Details (post 10 July 2020)
DELIVERIES AND CONTRACTORS		
Minimise physical interaction	<ul style="list-style-type: none"> Where deliveries are required, the club will make arrangements for contactless delivery 	<ul style="list-style-type: none"> Requirements continue as per Stage 2
Electronic paperwork	<ul style="list-style-type: none"> Use electronic paperwork where practical 	<ul style="list-style-type: none"> Requirements continue as per Stage 2